



You can accomplish  
anything with  
**SMART** goals!

## **S**PECIFIC:

➔ Make sure your goals are clear and well-defined.

## **M**EASURABLE:

➔ Set targets you can quantify, and track your progress.

## **A**CHIEVABLE:

➔ Ensure your goals are attainable—set yourself up for success!

## **R**ELEVANT:

➔ Align your goals with your long-term aspirations and core values.

## **T**IME-BOUND:

➔ Give yourself deadlines—and stick to them.

Learn more about **SMART** goals

[tutor.com/articles/how-smart-goals-can-help-you-succeed](https://tutor.com/articles/how-smart-goals-can-help-you-succeed)

