## Study Skills Coaching from SLED's Live Homework Help®

Get Organized Study Smarter Stress Less



Navigating the many challenges of school can be stressful—but what if you could get the extra guidance you need, online and on demand?

Our Study Skills Coaches are here to give you the help you need to succeed, no matter your age, grade, or academic year. Topics include:

## Study Skills

- Building Study Habits
- Note-Taking
- Using Technology
- Scholarly Resources

## Life Skills

- Getting Organized
- Motivation & Goals
- Healthy Habits
- Support Systems

## Get the help you need to succeed at LAM.Alaska.gov/sled/homework

